

Rolling Mountaineer

President's Report Submitted By: Randy Pleva

I hope everyone is DRY with all the rain and flooding that has happen over the past 2 weeks. Our thoughts and prayers go out to everyone who has been effected by these storms.

Over the past few months we have been dealing with issues at the chapter, our year has changed from October 1st to Sept 30th, to 1 July to 30th of June. Also the elections were held this year and the results will be posted, I have heard that some members did not receive a ballot this time. IF YOU ARE ONE OF THESE MEMBERS please call the office at 1-800-540-9352 and let us know. I do know

that every member nominations and election ballots were sent out but if for some odd reason you never received one we have to know.

Also we have been busy visiting with different CBOCS, as you know PVA does not recommend SCI /D patients going to CBOCS but until that happens we need to know that people are being treated and how is that treatment being carried out. I must say not very well, just the basic taking blood pressure, temps and that it. if you are SCI/D patient PLEASE go to



your spoke hospital at least. CBOCS were not created for specialized services. I know, look who is calling the kettle black. I haven't been to a SCI center in 4 years but I do go to spoke hospital. You do have people trained in SCI (suppose too anyway) at the spokes. Also I had a conversation with a veteran who informed me that if you

(Continued on page 3)

INSIDE THIS ISSUE:

Advisory Council Meeting	3
Election Results	4
Donors	5
Calendars	6
Membership Meeting	10

Life Insurance Submitted By: Doug Woodard, NSO

Life insurance is a policy that can help your loved ones in their greatest time of need, and it is something that we all need to think about at some point in our lives. I think that most people would agree that the

death of a loved one is one of the most emotionally traumatic times in a person's life. Furthermore, during that time of grief, financial stress can compound the anguish that families have to endure at their time of loss.

Therefore, due to the uncertainties of life, this type of insurance is a topic that families should discuss, well before it appears that someone has a chronic and fatal condition.

(Continued on page 4)

**Paralyzed Veterans of America
West Virginia Chapter**

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Charleston, WV 25306
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Website: www.wvpva.org
Office Hours: Monday-Friday 7:30am-3:30pm

WV-PVA OFFICERS

President: Randy Pleva
Vice President: Gilbert "Darrell" Miller
Secretary/Treasurer: Lawrence "Louie" Mullins
National Director: Gilbert "Darrell" Miller

BOARD OF DIRECTORS

Darrell Carrell, Laura Ellington, Clarence Goble,
Roger Sack, Richard Simers, Albert Taylor, Jr.

NATIONAL LIAISON VICE PRESIDENT

David L. Zurfluh

PROGRAM DIRECTORS

Membership Officer/Volunteer Coordinator: Amanda Bias
Sports Director: Roger Sack
Chapter Editor: Amanda Bias

HOSPITAL LIAISON OFFICERS (HLO)

Beckley, WV VAMC: Lawrence "Louie" Mullins, Jr.
and Randy Pleva
Clarksburg, WV VAMC: Laura Ellington and Roger Sack
Huntington, WV VAMC: Darrell Carrell, Clarence Goble and Albert Taylor, Jr.
Martinsburg, WV VAMC: Roger Sack

MEDICAL DIRECTOR

Helen "Michelle" Cumpston

STAFF

Office Manager: Amanda Bias

Membership Report

SC 81
NSC 84
TOTAL 165
Associate/Affiliate
Members
18

Volunteer Report

15

Has your address changed? Please inform us by email: info@wvpva.org, or you may write or call us at the following:

West Virginia Chapter PVA
336 Campbells Creek Dr.
Charleston, WV 25306
Office (304) 925-9352 or (800) 540-9352
Fax (304) 926-8519

Advisory Council Meeting Huntington VAMC Submitted By: Darrell Garrell

Meeting began at noon by Dr. Tinney opening and introduction by each person present. Eight departments were represented in the meeting besides the West Virginia Paralyzed Veterans of America, and NSO Doug Woodard and Myself Darrell board member were there. Also CEO Mr. Nemio came by and let us know anytime he has open door policy and if there was any-

thing to do let him know, either by appointment for call and leave message. NSO Woodard will be out of the office the third week of June. There are 150 on the SCI Registry for the SCI/D team. Dr. Sommerville is now in Ohio and Dr. Dumr is the doctor filling his spot. Dr. Tinney discussed the Choice First Program Disposal and matters for transportation to Richmond, VA. Social worker

Jeninine Bledsoe discussed some of the concerns and things about the Long Term Services and Support to all on the SCI/D Registry. These were the more important things discussed, and then we finished at 12:35pm. I arrived home around 3pm. You may contact the Paralyzed Veterans of America in Charleston, WV or any of the team department

(Continued on page 4)

(Continued from page 1)

receive new equipment installed in your van then you can be taxed on the equipment. THIS IS NOT TO HAPPEN. if you run into this please call office and let me say this, if you call office and no one answers PLEASE leave a message with

your name and phone number we will get back to you as soon as possible. A few changes have been made at office we have one person working in office so if she doesn't answer leave a message with your contact number. Again everyone enjoy the summer and stay dry.

(Continued from page 3)

heads at the
Huntington, WV
VAMC.

Board Member
WV Paralyzed
Veterans West
Virginia

Sincerely,
Darrell Carrell

2015-2017 Election Results

President—Randy Pleva

Vice President—Gilbert “Darrell” Miller

Secretary/Treasurer—Lawrence Mullins, Jr.

Board of Directors -

Darrell Carrell

Laura Ellington

Clarence Goble

Roger Sack

Richard Simers

Albert Taylor, Jr.

(Continued from page 1)

The Department of Veterans Affairs offers life insurance to qualified veterans. The benefit is known as Service-Disabled Veterans Life Insurance (S-DVI). To be eligible, a veteran must have been discharged from active duty on or after April 25, 1951, received a discharge that was other than dishonorable, and receive a rating of service connection at ten percent or greater. In addition, the veteran has two years from the date of that rating to apply for the policy. Unfortunately, an increased rating for an

already service-connected disability does not open the two-year window for veterans who have not previously applied for this benefit. The amount of the policy is \$10,000 and the premiums can be deducted from the monthly compensation payment.

Additionally, the premiums for the life insurance can be waived if the veteran has been rated totally disabled due to a service-connected disability, or disabilities. A supplemental life insurance policy of \$30,000 is offered to the veterans who have the premiums waived on their initial S-

DVI policy. To qualify for the supplemental, the veteran has to apply for it within one year of the notice of the waiver of the S-DVI policy and must be under the age of sixty-five. To eligible veterans, the VA offers an opportunity through life insurance to help mitigate the suffering that loved ones will face. Money will not replace what they have lost; however, it can help them during a time of tremendous need. If you, or anyone you know, has questions about VA life insurance, please contact the Huntington PVA office

WV Chapter Paralyzed Veterans of America Donors

Donations can be made in any amount and are fully tax deductible. Donors will be printed in our bi-monthly newsletter as follows:

Bronze – \$25 or more

Grandparents Club of Charleston – South Charleston, WV
 Mr. & Mrs. James Crysel– Sylacauga, AL
 Mt. Juliet Methodist Church – Belle, WV
 Rudy & Phyllis Hoch – Greensboro, NC
 J.T. Billups – Pickerington, OH
 Ronald Patterson –Hedgesville, WV
 Garrett R. Thompson – Clemmons, NC
 Frances Walker – St. Albans, WV
 James A. & Pamela J. White – Charleston, WV
 Willis Chiropractic –Wytheville, VA
 Shirlene Talley—Bridgeport, WV

Silver – \$50 or more

Seidel & DeFilippo Dentistry Partnership—Gettysburg, PA
 William & Martha Salerno—Shinnston, WV
 George & Glenna Moose - Charleston, WV
 J.T. & Terry Hannah -Florida
 Lee & Lynn Seibert –Greensboro, NC
 Division of Highways Traffic Engineering Division (Maura Burke) -

Nitro, WV
 Charlie & Tinker Dalton – Greensboro, NC
 Frank & Phyllis Hall – Greensboro, NC
 Ruth Ellen Luck –Greensboro, NC
 Larry & Cynthia Cummins – Shelby, NC
 Dorothy Farmer – Grayson, KY
 George H. & Glenna Moose Charleston, WV
 Charles & Jean Oliver –St. Albans, WV
 Joyce, Joe & Lori Moore—Wallace, WV

Gold – \$100 or more

Hanover Fellowship Church—Hanover, PA
 Esler Chapel United Methodist—Wallace, WV
 Richard Simers - Osgood, IN
 Darrell Carrell - Pikeville, KY
 First Army Division East (Rolda Gaines) - Ft. Meade, MD
 Ellen Martin – High Point, NC
 Michael & Augusta Brannen – St Simons Island, GA
 John E. Devine – Summersville, WV
 Junior W. Elswick – Charleston, WV
 Randy B. Maxwell – Princeton, WV
 C. M. Meador, III – Charleston, WV
 Clifford & Mary Porter –Fort Gay, WV
 George & Mary Beth Zutaut – Beckley, WV

Platinum – \$250 or more

Campbells Creek Car Club - Charleston, WV
 James B. & Judith Reynolds—Ashland, KY
 Albert F. Taylor, Jr. – St. Albans, WV
 Van-Lifts Unlimited—Hurricane, WV
 Good Samaritan Foundation – Charleston, WV
 George D. Begler – Newton, WV
 Douglass Campbell – Martinsburg, WV
 Laura & John Ellington – Fairmont, WV
 John & Carolyn Harris – Sutton, WV
 Gilbert “Darrell” Miller – Indianapolis, IN
 Jeanette Pleva – Charleston, WV
 Beecher Rhoades – Camden, WV

Remember, your contribution will be deeply appreciated and you will be sent a receipt for your generosity. Thank you

July 2015

July Birthdays

Damon S. Shelton July 02
 Kenneth L. Manning July 06
 Richard L. Simers July 10
 Laura M. Ellington July 10
 Len A. Thompson July 10
 Edsel R. Harmon July 11
 Timothy R. Albright July 11
 Donald L. Treadway July 13
 Rebecca M. Wintermute July 16
 Claude Raye, Jr. July 18
 Tex T. Goble July 21
 Clyde G. Hundley July 24
 Larry D. Fagre July 24
 Michael B. Olah July 29
 Paul H. Brady, III July 29
 Calvin B. Cabarrus July 30

Sun Mon Tue Wed Thu Fri Sat

			1	2 Closed	3 Closed	4
5	6	7	8 Closed	9 Closed	10 Closed	11
12	13	14	15	16	17 Closed	18
19	20 Closed	21	22	23	24 Meeting	25
26	27	28	29	30	31 Closed	

August 2015

August Birthdays

Bernie W. Whitt August 01
 Chester Merrit August 03
 Joel W. Sharp August 03
 Johnny Holipsky August 04
 Manfred G. Holland August 05
 Gary K. Skaggs August 07
 Clifford King August 08
 Alfred S. Williams August 11
 Alvah Sizemore August 13
 James W. McDaniel August 13
 Kelly Goddard August 16
 Daniel P. O'Connor August 18
 Stanley A. Blake August 18
 John E. Mathena August 20
 Clinton Lester August 24
 Michael L. Kauffer August 24
 Patrick E. O'Brien August 28

Sun Mon Tue Wed Thu Fri Sat

						1
2	3 Closed	4	5	6	7	8
9	10	11	12	13	14 Meeting	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

PVA Racing Clinic Submitted By: Roger Sack

On May 2nd, Paralyzed Veterans Racing held a Clinic at the Heinz VA Hospital in Aspenwall, Pennsylvania. The event was a training clinic provided by PVR and the Keystone Chapter PVA. It was training clinic for those who are interested in Hand cycling and racing. Many of those who were present were competing in the Pittsburgh Marathon on May 3rd. At their event, I got a chance to meet and recruit hand cyclers for our Chapter Veterans 10k Run/Walk in November of this year. We made contact with TEAM I AM ABLE, Keystone PVA, Mid Atlantic PVA and Three Rivers Adaptive Sports. So far, it looks that we will have at

least 3-4 different teams competing this year in the 10k.



Buckeye Wheelchair Games Submitted By: Roger Sack

On May 14-16th, I had the opportunity once again to officiate the Range at the Buckeye Games in Geneva, Ohio.

Buckeye PVA runs an outstanding program at the SPIRE Institute (a Paralympic Track and Swimming Training Center) in Geneva, Ohio. They had Boccia, Swimming,

Bowling, Billiards, Air Rifle, Track and Field events.

It was a time where wheelchair athletes can come and compete from all over in another competition for the year.

Congratulations to all of the participants, SPIRE Institute and Buckeye PVA.

PVA Golf Outing Submitted By: Roger Sack

Paralyzed Veterans of America Golf Outing (PVGGO)

On May 17-19th, the Paralyzed Veterans Golf Outing (PVGGO) was held at the Landsdown Resort in Leesburg, Virginia. The PVGO is a golf outing is a fundraiser which raises money to help the PVA's OPERATION PAVE Program broaden their programs of veteran employment around the country. I got a chance to

Play with Kevin Patton (from California) 16 of 18 holes on the Norman Course.

Other teams were competing on the Robert Trent Jones Course. Weather had set in, preventing us from finishing all 18.

PAVE Program has been helping veterans get back into the workforce successful-

ly. They raised more than \$450 thousand Dollars for

the program.

To find out more about PVA's OperationPAVE Program, contact Shelly Edwards at 202-416-7795 or shellye@pva.org. We used Parabolic Golf



Caption describing picture or graphic.

(Continued on page 9)

Mid-Atlantic Challenged Sports Sack Submitted By: Roger

May 4-10, We held the Mid Atlantic Challenged Sports Championships in Charleston, West Virginia.

Our West Virginia Chapter Hosted the Air Rifle/Air Pistol Event held at Coonskin State Park.

We had 7 Air Rifle shooters and 3 Air Pistol Shooters.

AIR RIFLE

SH1

David Blevins Masters 561 First Place

Bill Bjorne Masters 521 Second Place

Jonathan Rook Adults 492 Third Place

Danny Riffle Masters 379
Calven Comer Adults 236
George Jackson Masters 194

SH2

Michael Fielder Masters 520 First Place

Air Pistol

Frank Jovorka Masters 503 First Place

Danny Riffle Masters 458 Second Place

Bill Bjornes Masters 338 Third Place

We gave out WV PVA Chapter T-shirts to our volunteers and shooters.

I would like to thank Louie and his family for their help, as well as Gary Bailey and Tom Ciarula for assisting with running the range.

We had Air Rifle, Archery, Weightlifting, Swimming,

Field Events and Track for the games this year. I had the opportunity to be a Co-Meet Director for the games. CAMC Challenged Sports, their staff, WV PVA, Kanawha County Track and Field, Kanawha County YMCA, Archery Officials, NRA Officials, volunteers and did an OUTSTANDING JOB in all of their events.

With their help, diligence and preparation, things went off very well.

THANK YOU FOR A JOB WELL DONE !!!



Boys Scout Appreciation Day Submitted By: Roger Sack

Paralyzed Veterans of America on July 17th and 18, 2015, will join the Boy Scouts of AMERICA, Wounded Warrior Project, and the National Guard in the wilds of West

Virginia for a full day of outdoor ACTIVITIES designed to show support for the service and sacrifice of our nation's military veterans.

The inaugural Boy Scouts of America's Veterans' Appreciation Day will pair DISABLED veterans and Active duty service members with Boy Scouts for a day of activities including canopy tours, kayaking, air rifles, and fishing. The new annual event will take place at the Summit

Bechtel Family National Scout Reserve, a training, Scouting, and adventure center in Beckley, W.V.

"First and foremost, our members working with the Boy Scouts helps open the Scouts' eyes to the capabilities of people in the disabled community," said Ernie Butler, director of sports and recreation for Paralyzed Veterans of America. "My experience in pairing our members up with young kids is that members get a lot out of it and really enjoy the mentoring and participation. It's a wonderful OPPORTUNITY for disabled veterans to see and experience the outdoors in a way they don't get to very often."

The July 18 EVENT will kick off with a 2K walk/run/roll race where three-man combined Scout and veteran teams will compete around the Summit Center. Following the race, there will be an opening and colors ceremony, after which participants can choose from a variety of ACTIVITIES including canopy tours, challenge courses, archery, kayaking, fishing, climbing, and zip lining.

"I was just at the Summit testing out their zip line PROGRAM, and they have an amazing method for getting our members up to the starting and landing tower safely," said Roger Sack, sports director of the West Virginia

(Continued on page 9)

(Continued from page 7)

Chairs at the event, provided by Stand Up and Play. These chairs can be used for golf, shooting, fishing and many other ways, allowing the user to stand up as they do the activities. West Virginia currently has two of these

chairs.

For more information, about the Paramobile chairs, contact www.standupandplayfoundation.com. For more information about WV PVA Sporting activities and opportunities, contact Roger Sack 304

-906-5105 or rogers.wvpva@gmail.com.

Summit Bechtel Reserve Submitted By: Roger Sack

On May 21-22nd, PVA National Sports Director, Ernie Butler and I went down to the Summit Bechtel Reserve to test their Zip Line. We went to test a harness that would allow quadriplegics to utilize their zip line. We were there to assess their loading and unloading procedures for getting wheelchair users on and off of the Zip line.

Jan Care took us up in our chairs to the top of the zip line. The staff got us harnessed in and connected to the line. While we were going down the line, the staff at the bottom had a team waiting to transfer us to a TRU BLUE system that would lower us down from the tower to a wheelchair on the ground below. Staff on the

ground helped us get safely and gently in the chair and away from the LZ for the next participant.

The test was a success.

To find out more, please read the Boy Scouts of America Veteran Appreciation Event Article.

(Continued from page 8)

chapter of Paralyzed Veterans of America. "It's very well thought out and could even safely carry a high-level quadriplegic."

Boy Scout and veteran teams will CONTINUE to compete for awards and prizes in a series of events throughout the day and will have the opportunity to PARTICIPATE in marksmanship, product demonstrations and live entertainment. The evening will wrap up with a closing ceremony and live performance by Aaron Tippin, a longtime supporter and advocate of Paralyzed Veterans of America.

"This is not only a veteran appreciation event; it's a veteran family event," Sack said. "The families of veterans will have things to participate in as well."

The event also will feature presentations about the National Veterans Wheelchair Games as well as flyovers featuring World War II airplanes, Butler said.

Several dignitaries have been invited to the event, including Sens. Shelley Moore-Capito, R-W.V., and Joe Manchin, D-W.V., West Virginia Governor Earl Ray Tomblin, Rep. Evan Jenkins, R-W.V., National Guard Major General James A. Hoyer and Army Brigadier General Charles Veit.

Due to the Summit's considerable distance from a major airport, the West Virginia chapter is encouraging members within driving distance to participate in the event, Butler said.



**Paralyzed Veterans
of America**

West Virginia Chapter

West Virginia Paralyzed Veterans of America, Inc.

336 Campbells Creek Dr.
Charleston, WV 25306

Phone: 800-540-9352
304-925-9352
Fax: 304-926-8519
Email: info@wvpva.org

We're on the Web
www.wvpva.org

Annual Membership Meeting

Our Annual Membership Meeting will be on August 14, 2015. We will have lunch starting at 11:00 am. Food will be provided by the chapter. The meeting will be at 1:00 pm. Please call the office and let us know if you plan to attend.

800-540-9352

304-925-9352